

Career Development Template

Name:	
Role:	Manager:
Career Plan Date:	Next Review Date:

Likes and Motivators	Dislikes
What do I like doing? What motivates me in my job?	Are there things that I don't like doing in my job? What settings or conditions don't I like working in?

What am I good at?	Development areas
If I think about my own views and feedback I've received in my career, what skills do I excel at?	What do I find challenging? What areas would I like to improve on?

Where do I want to be in 2 years' time?	Where do I want to be in 5 years' time?
Your 2-year goal helps inform your training and development plan (below)	Your 5-year goal helps inform your training and development plan (below)

Training and Development Plan

What actions can I take in the next year to play to my strengths and get ready for my 2-year goal?

Examples:

- Gain exposure to senior medical professionals by participating in clinical discussions and case reviews.
- Become involved in planning or coordinating new medical procedures or research projects.
- Speak at a medical conference or external event on behalf of my healthcare organisation.
- Transition into a new medical specialty or department to gain broader clinical experience.

Learning from others

Examples:

- Gain exposure to senior medical professionals by participating in clinical discussions and case reviews.
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Learning and development outside the job

Examples:

- Attend medical conferences or symposiums to stay updated on the latest advancements in the field.
- Subscribe to relevant medical journals or publications to keep abreast of current research and clinical practices.
- Engage in medical volunteering opportunities, such as participating in medical missions or community health programmes.
- Enrol in formal studies or courses to gain additional certifications or specialisations in my field.
- Take Continuing Professional Development (CPD) courses to maintain and enhance clinical skills and knowledge.